Haylou LS02

advice

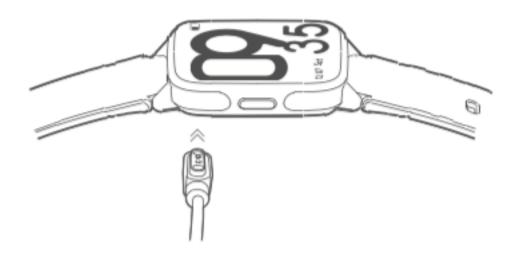
- 1) Please read the manual carefully before using the smart watch and keep it for future reference.
- 2) Allow the watch to be fully charged before first use.
- 3) If you are not using the watch, charge it every 2 weeks to keep the battery life as long as possible.
- 4) Use only the included charging cable and an approved quality power supply to charge the watch.

Warning

1) Never disassemble or repair the watch to avoid damage or injury. 2) Do not expose the watch to extreme temperatures (below -20 °C and above +45 °C). 3) Do not use cleaning agents to clean the watch. Clean them with a microfiber cloth.

Activation

When using for the first time, activate the watch by connecting the charger as shown below.



Put the watch on your hand and adjust the strap so that the watch fits comfortably on your wrist. Heart rate monitoring may not work properly if you wear the watch too loosely or too tightly.

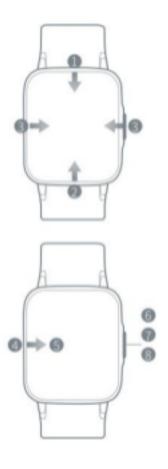
Pairing with the application

- 1) Install the Haylou Fit app.
- 2) Create an account and then follow the on-screen instructions

If the Haylou Fit app doesn't work for you, try the Haylou Fun app.

Comment:

Make sure your phone's Bluetooth is turned on. Keep your watch close to your phone when pairing.



Using the watch

- For Quick Settings, swipe to main screen with your finger
 down
- 2) For Control Panel, swipe to main screen with your finger up
 - 3) To switch between other screens swipe left on the main screen or transport
 - 4) Swipe outside the Home screen right to go back
- 5) Hold finger 3 to change the watch face seconds on the main screen
- 6) To turn off/on, hold down the controller button for 3 seconds
 - 7) To return to the Main screen briefly press the control button
- 8) Briefly press the control button during the exercise button to pause exercise resume

Charging

When your watch warns you about low battery, charge it.

Comment:

- 1) Do not move the watch while monitoring heart rate.
- 2) The watch has an IP68 degree of protection. They can be used while swimming or showering. Do not use them when diving or in the sauna.
- 3) The control button and touch screen cannot be used under water. Dry the wet watch with a soft cloth.
- 4) Do not wear the watch too tightly. Keep your watch and wrist clean and dry. Rinse the strap regularly with clean water. If an allergy occurs, stop using the watch immediately and

seek medical attention immediately.